## Fall Conditioning Practices

Cross Country - meets Saturday, 8/29/2020 at the THS Track @ 9:00 AM

Boys Soccer - Begins Monday, 8/31/2020 @ 6:30 PM

Girls Soccer - Begins Monday, 8/31/2020 @ 2:30 PM

Volleyball - Begins Monday, 8/31/2020 @ 4:30 PM

Girls Swim - Will meet tonight, 9/1/2020 @ 5:00 PM at the THS Tennis Court instead of meeting at the YMCA

Beginning on Monday, 8/31/2020, all athletes will report at the field gate by the softball field. This is the only entry point. Exit will be through the main gate by the Gym. Athletes parking cars will need to walk around the music wing to the softball gate

Bring plenty of water and a mask

All sports, except girls swimming, will be practicing outside at THS

Girls swimming will practice at the YMCA